

**PEOPLE COMMUNITY DEVELOPMENT SOCIETY PCDS**

## **ANNUAL REPORT, S-2023-2024 YEAR**

Regd No:- 94/2020



  
President/Director  
People Community Development Society  
Regd.No: 94/2020  
Yerraguntla-516309.

# Annual Report for the Year 2023-24

**People Community Development Society,**  
D.No. 1/65F, Near Puspanjali Saree Cente,  
Prakah Nagar, Yerraguntla-561309, Kadapa District - Andhra Pradesh

## About the organization:

The organization is working in the fields of health, education, socioeconomic empowerment of rural poor families especially women and girls, promoting cultural heritage, empowering youth through life skills education and dissemination of educational and awareness concepts. The organization has created greater awareness on various issues and educating youth to resolve their own problems at community level itself. The education and development process, we have had initiated involving the members of the disadvantaged population has brought about a attitudinal changes in the life styles of the poor families in the operational area.



We were making concerted efforts to alleviate rural poverty by taking up various ameliorative measures to livelihood conditions of rural poor especially SCs, STs and other economically backward classes. The organization employed measures such introducing vocational training courses other development activities necessary to empower youth, Self Help Groups of women and other activities to strengthen socioeconomic base of rural households. We have been involving community members to take part in the village sanitation activities and to clean the drainage system which was blocked and sewerage water is overflowing causing inconvenience to villagers and how it would cause ill-health. The organization, within its limited resources and generous public contributions has had implemented the following activities during the reporting period:

## 1. Distribution of Education Material to Rural Children



The distribution of learning materials for underprivileged school children is one of our major initiatives in the project areas. We function like a system of support by providing improvised and enhanced educational conditions for these students.


The Foundation frequently offers support to children in rural areas with essential stationery and educational materials. The aid is offered based on the requirements of the children in the communities upon real-time assessment. The distribution program that includes handwriting notebooks has benefited several thousands of students in our areas of reach over the past 2 years.

### Women Skill Development Program

50 women were selected through SHGs to undergo training in

following skills during the reporting year.

Use and Through Meal plate making –25 women for 10 days training

  
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Embroidery to 10 young women -10 women for 15 days training Candle making 10 women 15 women for 15 days training The women who were trained had taken loans from their respective SHGs and started income generation activities and earning Rs.6000 to 8000/- per month



### **01.Distribution of Nutritional Food to Children**

Preventing childhood anemia in the project area: Childhood anemia prevalence is in the project area. It will have major adverse consequences for health and development. Its high prevalence in the project area is continuing. Although anemia is multi-factorial in etiology, the health staff has taken preventive measures

and focused on increasing iron intake, primarily through supplementation in pregnant and lactating women. We are supplying adequate quantity of Iron-Folate tablets through the trained voluntaries and TBA for the distribution in the project area.

#### **Reducing Anemia and Malnutrition**

Nutritional deficiencies can lead to a low red blood cell count, low levels of hemoglobin in these cells, or red blood cells that do not function as they should. Anemia is a term for these issues. Iron-deficiency anemia is the most common type, but low levels of folate or vitamin B-12 can also cause the condition, and a low vitamin C intake can contribute to it.

It is common in pregnant women and children in the region. Anemia can cause severe medical issues and affect a person's overall health and wellbeing.

#### **Medical treatment**

**Iron:** Provided supplement to the needy patients to consume with orange juice, as the vitamin C in the juice will help the body absorb the mineral.

**Vitamin B-12:** Vitamin B-12 supplements were provided to the needy A person with a deficiency

**Folate:** we provided folic acid in pill form for 4 months.

Nutritional-deficiency anemia is a common problem in the project area. It can occur when the body is not absorbing enough iron, folate, or vitamin B-12 from the diet.

The issue may be that the diet is insufficient or that an underlying medical condition or treatment is interfering with the body's ability to absorb these nutrients.

### **Awareness on Girl Child's Education Child Rights Awareness Camp**

The program was attended 55 students and teachers of the school. The resource person



informed the students about the four board categories of Child Rights, i.e. Right to Survival, Right to Protection, Right to Development and Right to Participation and also shared information regarding the legal provision under JJ (CPC) Act, 2015 which deals with the two categories i.e. Child in conflict with Law (CCL) and Child in need of care and protection.

- Right to Free and Compulsory Education Act, 2009
- Child Labor issues & Child Labor (Prohibition and Regulation) Act, 1986
- The Juvenile Justice (Care and Protection of Children) Act, 2000
- The Protection of Children from Sexual Offences (POCSO) Act, 2012 Missing Children.

### **Distribution of Blankets and Cloths to Needy People**

The organization had taken up initiatives to help 15bnomadic families who had camped at outskirts of the village.

We had interacted with them about their livelihoods, medical care, and education to their children. They have been living conditions are pathetic and could not afford to seek medical care.

The organization had discussed with the members of the Governing body and taken initiatives to support the nomadic families with medical care and to provide wage labour. The organization had also taken a decision to provide cloths and blankets to the needy nomadic people.



### **Adult Education Training Program:**

The staff of the organization organized a legal awareness camp in the project area in the month of June 2023 to raise awareness on legal provisions and rights of women under these acts. The objective of the camp was to make the ST women aware of the availability of free legal services for the poor and needy people especially the marginalized section of the society, where and how to avail it and thereby make justice easily accessible for all. A question-answer session was also organized, where senior advocates of the local Court interacted with the women and answered their questions.

More than 50 women participated in the awareness camp. The women were informed about the steps of lodging complaints at police stations and at other government support systems. They were also

informed about the legal codes and laws for the

protection of women from violence. The following topics

were elaborated and discussed:-

- Consumer Protection and consumer awareness
- Right to education
- Female foeticide
- Anti-Superstition
- Protection of Women from Domestic Violence Act, 2005
- Protection of Women

  
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### 1. **Distribution of Food to Poor people:**



The organization had taken pro-poor measures such as distribution of food packets to labourers who come from remote villages. The organization has serving food to 150 labourers whenever they come in seeking wage labour.

### **HIV/AIDS Awareness Camps**

The organization conducted 24 days awareness cum education activities in designing of wall posters, charts and education material on HIV/AIDS awareness in order to educate the public and rural migrant workers to adopt safe sex methods and using of condoms and avoiding sex with strangers and to not use already used needles, shaving blades and to organizing commercial sex workers to adopt safe sex methods to stop spread of HIV epidemic and sexually transmitted infections and diseases

Medical camp was creation of healthy society through community services. In this program top most priority was given to free medical check-up to underprivileged rural people. A public announcement was made and door to door communication done by the volunteers of the organization with program staff to inform people about the free health services. The response of village people was in positive manner. About 50 nos. of volunteers, staff and 130nos. of village people came forward for free medical check-up.

#### **Disseminated following awareness concepts:**

Care for pregnant and breastfeeding mothers to prevent the transmission of HIV from mother to child.

Deliver comprehensive care to people living with HIV and their families at times and locations that are convenient to them.

Promote efficient testing—in communities, facilities, and hotspots—so people know their status and can initiate treatment as early as possible.

Integrate HIV services with other sexual and reproductive health interventions, recognizing the opportunity to meet people's needs in a single visit.

Challenge restrictive policies and inspire governments to uphold the rights of people living with HIV, especially key populations, adolescents, and women.

### **Free Medical and Health Camp:**

Health Checkup Camps were organized in the project area; the program was going on for the past three years in the project area.

The majority SC/ST men and women are generally daily wage workers who cannot afford spend on health issues as they have to lose a day's wages. A total number of 719 patients were treated in these camps during the year. The staff had conducted blood tests, hemoglobin tests for women, tests for preventable diseases like diarrhoea, malaria etc.

A group of youth volunteers from the families would cooperate with the health staff in organizing the health checkup camps.

  
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#### **04. Health Awareness Camps organized:**

IEC materials that include posters and health education videos have been shown to the adolescent girls to create awareness on water, sanitation, Health and Hygiene practice.. The awareness camps were organized to address misconceptions related to puberty, menstruation, physical changes, and stress and strain. The girls were taught to take care of menstrual and personal hygiene and advised to meet the Doctor in Case Of Emergency.



#### **Women Volunteered to clean their locations**

Health Awareness programs have made significant contribution to personal health status in the project area. Awareness programs have helped to prevent the spread of diseases such as guinea worm diseases and viral hepatitis and typhoid

- Apart from other benefits, the organization helped poor beneficiaries to reduce the tendency to borrow emergency loans for health purposes,
- The percentage of children who are immunized is significantly increasing
- 30% of eligible couples have been using family planning,
- Child malnourishment is reducing
- The prevalence of tuberculosis has fallen by two thirds.

#### **Vocational Training to women in Tailoring and Embroidery:**

75 girls from BPL families have been selected through SHGs to undergo training in the following courses for 15 days in each faculty in 3 batches:-

- 25 SC / ST girls have been trained in fashion designing for 15 days helped to obtain bank loans to set up income generation units in their households.
- 25 ST girls have been trained in Embroidery Skills for 15 days helped to obtain bank loans to set up income generation units in their households.
- 25 Minority community girls have been trained in Applique Skills for 15 days helped to obtain bank loans to set up income generation units in their households.

The girls are started earning Rs.1000/- in the first month and subsequent month's income self-employment has been increasing. It is estimated that their income may rise to Rs.6000 to 8000/- in coming months as people were not informed of availability of skilled workers in their vicinity.

#### **Skill training Program to Inter passed students:**

The staff of the organization had identified 30 SC/ST youth who completed 12<sup>th</sup> standard to enroll them to Basic Computer Course, Excel and TOLLY courses. The organization will raise necessary funds to pay course fee till the end of the successful completion of the course.



  
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### **Distribution of Scholar Ships to Rural Children:**

All of our children attend school, which we currently provide scholarships for from primary to high school. We have been paying scholarships of ₹ 2000/-per child for 6 months in order to retain children schooling from home as it is set in a remote area and there are no schools that meet our standard. We give kids a competitive edge by providing private tutoring in English, Math, Art, Music, and social studies. We also hold regular competitions for speech, math, chess, and indoor educational games etc., which help build their self-confidence, critical thinking, and public speaking skills.



### **Distribution of Medicines to TB Patients**

To diagnosis a tuberculosis (TB) infection, our health care provider will do an exam that includes:

- Listening to you breathe with a stethoscope.
- Checking for swollen lymph nodes
- Asking you questions about your symptoms

#### **TB tests**

- Our health care provider will order tests if:
  - Tuberculosis is suspected.
  - likely exposed to a person with active tuberculosis (TB) disease.
  - have health risks for active TB disease.
- provider will determine whether a skin test or blood test is the best option.

#### **Skin test**

A tiny amount of a substance called tuberculin is injected just below the skin on the inside of one forearm. Within 48 to 72 hours, a health care worker will check your arm for swelling at the injection site. The size of the raised skin is used to determine a positive or negative test.

This test is seeing how immune system reacts, or has made an antibody, to tuberculosis. A positive test indicates you likely have either a latent TB infection or active TB disease. People who had a TB vaccination might get a positive test even if they have no infection.

A negative test means that the body didn't react to the test. It doesn't necessarily mean you don't have an infection.

#### **Blood tests**

A sample of blood is sent to a lab. One lab test finds out whether certain immune system cells can "recognize" tuberculosis. A positive test shows that patients have either a latent TB infection or active TB disease. Other tests of the blood sample can help determine if patient have active disease.

A negative result means you likely do not have a TB infection.

#### **X-ray**

A chest X-ray can show irregular patches in the lungs that are typical of active TB disease.

#### **Sputum tests**

The health care provider would take a sample of the mucus that comes up when you cough, also called sputum. If patient have active TB disease in your lungs or voice box, lab tests can detect the bacteria.

  
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A relatively quick laboratory test can tell if the sputum likely has the TB bacteria. But it may be showing bacteria with similar features.

Another lab test can confirm the presence of TB bacteria. The results often take several weeks. A lab test also can tell if it's a drug-resistant form of the bacteria. This information helps your health care provider choose the best treatment.

**Other lab tests**

Other lab tests that may be ordered include:

- Breath test
- Procedure to remove sputum from lungs with a special tube

**Urine test**

Test of the fluid around the spine and brain, called cerebrospinal fluid

The organization has been regularly providing isoniazid INH in combination with three other drugs—rifampin, pyrazinamide and ethambutol. 50 TB patients have been benefitting from the organization.

  
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